

DAILY INSPIRATION

a daily journal for self improvement

Empower Your Soul - to Inspire

Ability

"Put yourself in a state of mind where you say to yourself, "Here is an opportunity for me to celebrate like never before, my own power, my own ability to get myself to do whatever is necessary."—Anthony Robbins

Happiness

Our minds are as different as our faces: we are all traveling to one destination; --happiness; but few are going by the same road."— Charles Caleb Colton

Attitude

"Finish each day and be done with it. You have done what you could. Some blunders and absurdities no doubt crept in; forget them as soon as you can. Tomorrow is a new day; begin it well and serenely and with too high a spirit to be cumbered with your old nonsense."— Ralph Waldo Emerson

THE FOX AND THE GRAPES

It was a sunny day and fox was walking across the fields. Soon he came to a vineyard. As he came nearer, he could see some bunches of juicy grapes. The fox looked carefully around him. He had to make sure that he was safe from the hunters. He decided to steal some before anyone came along. He jumped upwards but he could not reach the grapes. He jumped again as high as he could. He still could not reach them. The grapes were just too high for him! He was not ready to give up. He backed off, took some running steps and leapt

into the air towards the grapes. Again he failed to reach them. It was getting dark, and he was getting angry. His legs hurt with all that running and jumping. At last he stopped trying. As he walked away, he said to himself, "I don't really want those grapes. I'm sure they are too sour to eat."

Moral: Sometimes when we cannot get what we want, we pretend that it is not worth having.

Enlighten Your Mind - to Excel

Vocabulary

Felicity n. A state of well-founded happiness.

Liquefacient adj. Possessing a liquefying nature or power.

Maintain v. To hold or preserve in any particular state or condition.

Nucleus n. A central point or part about which matter is aggregated.

Perpendicular adj. Straight up and down.

22nd July in History

1829: Inventor William Butt patents the typewriter.

1933: Wiley Post, a one-eyed pioneer aviator, becomes the first man to fly solo around the world.

1969: Prince Juan Carlos named as the future king of Spain by General Franco.

1981: India's first experimental geo-stationary communication satellite 'Apple' started working.

1998: P T Usha won bronze medals in Asian Track and Field Championships in Fukuoka, Japan.

FOR DAILY PRAYER ASSEMBLY AND BRANCH NOTICE BOARD

CMS—Guinness World Record holder as world's largest city school with over 35,000 students and laureate of the UNESCO Prize for Peace Education 2002