

# DAILY INSPIRATION

a daily journal for self improvement

## Empower Your Soul - to Inspire

### Determination

*"The only good luck many great men ever had was being born with the ability and determination to overcome bad luck."— Channing Pollock*

### Encouragement

*"Other people and things can stop you temporarily. You're the only one who can do it permanently."*

### Hope

*"You cannot solve a problem until you acknowledge that you have one and accept responsibility for solving it."*

## THE WOLF AND THE LAMB

A lamb was grazing with a flock of sheep one day. She soon found some sweet grass at the edge of the field. Farther and farther she went, away from the others. She was enjoying herself so much that she did not notice a wolf coming nearer to her. However, when it pounced on her, she was quick to start pleading, "Please, please don't eat me yet. My stomach is full of grass. If you wait a while, I will taste much better." The wolf thought that was a good idea, so he sat down and waited. After a while, the lamb said, "If you allow me to dance, the grass

in my stomach will be digested faster." Again the wolf agreed. While the lamb was dancing, she had a new idea. She said, "Please take the bell from around my neck. If you ring it as hard as you can, I will be able to dance even faster." The wolf took the bell and rang it as hard as he could. The shepherd heard the bell ringing and quickly sent his dogs to find the missing lamb. The barking dogs frightened the wolf away and saved the lamb's life.

**Moral:** The gentle and weak can sometimes be cleverer than fierce and strong.

## Enlighten Your Mind - to Excel

### Vocabulary

**Abscission** n. The act of cutting off, as in a surgical operation.

**Exegesis** n. Biblical exposition or interpretation.

**Luxuriant** adj. Abundant or superabundant in growth.

**Man-trap** n. A place or structure dangerous to human life.

**Psychotherapy** n. The treatment of mental disease.

**Rebuild** v. To build again or anew.

## 19<sup>th</sup> July in History

**1887:** First Wimbledon men's singles final - won by Spencer Gore.

**1903:** The first Tour De France cycle race is won by Maurice Garin.

**1949:** Laos independence.

**1969:** Indian Government nationalized 14 major commercial banks of India.

**1969:** US spacecraft Apollo 11 lands on the Moon.

**1980:** Opening of the 22nd Olympic Games in Moscow.

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**CMS**—Guinness World Record holder as world's largest city school with over 35,000 students and laureate of the UNESCO Prize for Peace Education 2002